中國少林武藝中心

SHAO-LIN KUNG FU & TAI CHI

OPEN To: 1st Degree BLACK BELTS AND ABOVE

HSING I CH'UAN

SHIH ER HSING

Internal Boxing - 2 Person Set

(Integrating: 5 Roads / 12 Animals / Iron Bone / Sparring Application)



2 Days ONLY - Sundays, December 6th & 13th, 2026
10AM – 12Noon
(For 2 Days Only!)

@ CSC – DENVER

***CLASS FEE* - $70 (Day of Class)**
Repeat Attendance: $50
***EARLYBIRD FEE* - $60 (Before Day of Class)**

Chinese Mind-Body Boxing

A 2nd Black Belt *Required* Class!

Required Reading
CSC Training Manual
Pages: 5-42 thru 5-44

PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS
- ***not liable for personal injury –***
Attire: Complete Uniform w/all Patches!



This unique area of internal
Training is taught only once every
2 Years… Don't Miss It!

Sr Elder Master (Lao Shur) David
邵大衛

Sr Elder Master (Lao Shur) Sharon
邵秀倫

7174 Washington St., Denver, Colorado 80229 U.S.A. 303/455-4088
http://www.shao-lin.com
www.goshaolin.com