

PANG vs PANG

Double-Ended STAFF CLASS

“Part I and INTRO to Part II”

Staff Training and Conditioning

Exciting 2-Person Shao-Lin Staff Fighting Set

Open to: WHITE BELTS and Above

(More applied staff skills! Part 2!!!!)

****Saturday, AUGUST 29th, 2026****

LOCATION: DENVER 10am-12noon

中國少林武藝中心

SHAO-LIN KUNG FU & TAI CHI

(Required for Testing to 1st degree Black Belt & Above!)

Opportunity to “PreTest” over “Pang vs Pang” Day of Festival

**An opportunity to learn all the spins, blocks, thrusts, sweeps and footwork,
followed by an Exciting 2-person weapon form!**

**** Regularly Scheduled Black/Brown & Wooden Man Classes
will be held this day @ 1PM-2PM following Dragon Meditation. ****

*This Exciting Weapons Class
Is Taught Only Once (1) Each Year...
Don't Miss Out!*

CLASS FEE - \$60 (After of Class)

Repeat attendance - \$30

EARLYBIRD FEE - \$40

(By day of Class)

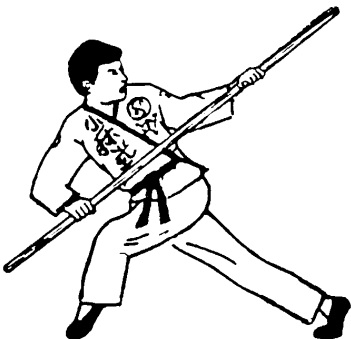
www.shao-lin.com

Remember to Bring your: Rattan Staff
(New shipment of rattan just arrived!!!)

PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS

- *not liable for personal injury –*
Attire: Complete Uniform w/all Patches!

Sr Elder Master Sharon



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