中國少林武藝中心

SHAO-LIN KUNG FU & TAI CHI

Open to: White Belts and above

HSIEN TIEN CHI - Ancient Taoist Meditation

and Hua T'ou's Five Animal Frolic Breathing Skills for Health & Energy!



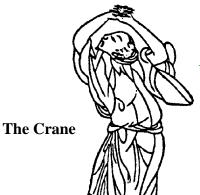
Place: DENVER school

Ancient Taoist Chi Kung **Immortality** *Postures*

Beginning Saturday, MARCH 2nd, 2024 12Noon – 1PM For 12 Weeks

Opportunity to "PreTest" over "Hua Tuo" postures Last class of each Month!

2nd degree Black Belt Advancement Requirement



CLASS FEE - \$60/Month (After Day of Class) EARLYBIRD FEE -\$40/Month (Day of Class)

IMMORTALITY Training

59 classical Postures designed for Health, Longevity and Chi cultivation!



The Deer

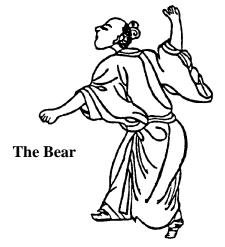




The Monkey

This classical method of Chi Kung training is taught only once every 3 years!

Attire: Complete uniform w/all patches!



SR ElderMaster David

邵大衞

PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS

not liable for personal injury -

SR ElderMaster Sharon

邵秀倫



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