

6001 GIBSON BLVD SE
ALBUQUERQUE, NM
505.254.4604

Attire: Complete
Uniform with all
patches!

CHINESE SHAO-LIN CENTER
of Albuquerque, New Mexico presents
Senior Elder Masters Soard
OPEN TO ALL ESE STUDENTS!

<http://shaolinNM.com>
website@shaolinNM.com
www.facebook.com/CSCAbq

All Events to be held
@ CSC Albuquerque
School

HSIN-I CH'UAN

心意拳 “Heart-Will Fist” Advanced Internal Form!



SATURDAY, April 1ST, 2023

OUT OF TOWN FEE \$100 (if paid by the day of the class)

REGULAR CLASS FEE \$125 (if paid after day of the class)

PAY ONLINE: www.GoShaolin.com

BACKGROUND: The art of Hsin-I Ch'uan is thought to have been developed by the famous General Yueh Fei, and is the predecessor to the more well-known art of Hsing-I Ch'uan. It has both empty-hand and weapon forms! Like our Liu Hsing Ch'uan (Meteor Fist) and Wan Liang Hua (10,000 Lotus Blooming), it is seldom seen or taught. Most styles of ancient Shao-Lin Kung-Fu are very obscure, and actual details lost in antiquity! Hsin-I Ch'uan became a prominent internal fighting system within the Shaolin Temples during the Ming and Ching Dynasties. As with all internal arts, it cultivates and utilizes Chi within the body for power and for health!

This seminar is being taught for the first time at the Chinese Shao-Lin Center of Albuquerque!

SCHEDULE OF EVENTS:

9am – 12noon: Black Belt & Senior Black Belt Pretesting

9am – 12noon: Lower/Brown/Tai Chi/Wooden Man Testing

12pm – 4pm: Hsin-I Ch'uan “Heart-Will Fist” Seminar

9TH Degree
Black Belt
Senior
Elder Master
Sharon Soard

9TH Degree
Black Belt
Senior
Elder Master
David Soard



Not liable for
personal injury!

*This form may not be taught between students. Material may not be demonstrated, shown, nor reproduced in any manner, by any student!

AS PER SENIOR ELDER MASTERS' POLICY, THERE IS **NO VIDEOTAPING** AT THE SEMINAR