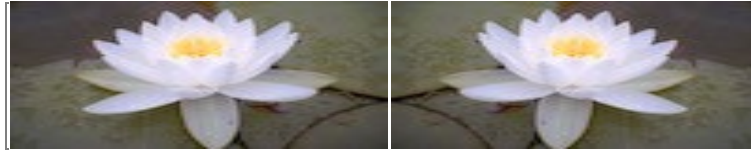


# 中國少林武藝中心



## SHAO-LIN KUNG FU & TAI CHI

**For Brown Belts and Above**

# *Wan Liang Hua Kun*

## 10,000 Lotus Blooming - Part I

It is the most internal of all the internal systems. It goes inside your body so you feel every movement of your body with your chi. It was created by the Shaolin monks specifically to complement Liu Hsing, the Meteor Fist. However, unlike Liu Hsing's furious blasting movements, Ban Liang Hua Kun's movements are more subtle and use your chi to make your body turn alive. It's implications are not limited to martial arts fighting skills. The greatest benefit is its life-changing aspect. Through Ban Liang Hua Kun training, you will have a new outlook on life.

*Elegant, Fluid and Subtle Internal Art!*

*Don't miss this exciting system of training within our Shao-Lin Art!*

This Rare Festival has not been shown for 11 years! Don't Miss It!

*Beginning Saturday September 3<sup>rd</sup>, 2022  
for 4 weeks*

*8AM-10AM - 1<sup>st</sup> Week 9/3/22*

*9AM-10AM September 10<sup>th</sup>/17<sup>th</sup>/24<sup>th</sup>*

CLASS FEE - \$80

**EarlyBird \$60 (Day of Class)**

*Repeat Attendance -\$50 (Prior to Class)*

- PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS

- *not liable for personal injury* -

謝大昭



7174 Washington St, Denver, Colorado 80229 U.S.A. 303/455-4088  
<http://www.shao-lin.com> [www.goshaolin.com](http://www.goshaolin.com)

邵秀倫

