

中國少林武藝中心
Shao-Lin Kung Fu & Tai Chi

The Famous & Dynamic TIGER FORK

SAN GU CHA

Join us as we celebrate Senior Elder Master Sharon's 70 birthday!
There will be a catered Banquet Brunch and Senior Black Belt / Master Demo.
Update: Brunch and Demo will begin at 12 noon!



SUNDAY, JUNE 12, 2022

10 am - 4 pm

For ALL level students

Class Fee - \$125 day of class

Earlybird Fee - \$100 prior to day of class

Left Fork Design - San Gu Cha
Southern China Tiger Fork
Sharp, Tapered Tines

Right 3 Forks - Wen Cha
Northern China Scholar's Fork
Flat, Sharp Edges



Forks kept near homes to scare away evil spirits and bandits

Common battlefield weapon

Performance weapon for martial artists to show skills of speed, strength and endurance

From India - weapon of Lord Shiva to kill demons

Buddhist symbol of the Triratna - 3 jewels - Buddha the teacher, Dharma the teachings and Sangha the students

Represents other trinities *past, present and future* *mind, body and spirit* and *earth, body/mind and spirit*

Be sure to purchase your choice of Tiger Fork from your instructor while supplies last!

shao-lin.com

Black Belt Test: Saturday 6/11/2022
- see back side for times -

goshaoLin.com

- not liable for personal injury -



Note: This material may not be taught between students and not be shown, demonstrated or reproduced in any manner.



7174 Washington Street
Denver, Co 80229



Black Belt TEST
SATURDAY,
JUNE 11th
2022

3rd to 7th
Blacks: 9AM
to 1PM

1st & 2nd
Blacks: 3PM
to 7PM

Location:
DENVER School

www.goshaolin.com

www.shao-lin.com

"Shao-Lin Classical SANGUICHA"
The Famous & Historic Kung Fu TIGER FORK

Festival begins at 10am! Update: Brunch and
Black belt Demo to celebrate SEM Sharon's
70th Birthday begins at 12 Noon!

**** ALL TESTING to be HELD @ Denver School ****

3rd to 4th & 4th to 5th & 5th to 6th & 6th to 7th TEST
9AM TO 1PM

1ST to 2ND & 2nd to 3rd BLACK BELT TEST
3PM - 7PM

BLACK UNIFORM W/ ALL PATCHES,
WHITE JACKET/BLACK PANTS for 1st Blacks

BLACK BELT PANEL REQUIRED -
SAME UNIFORM REQUIREMENTS AS ABOVE...
PANEL TO BRING CLIPBOARD, PEN AND CHAIR

ALL FEES & BALANCES OWED MUST BE PAID UP-TO-DATE
(to attend Festival or to Test)

Not Liabile for Personal Injury.

Attire: Complete Uniform with all Patches.

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RESTUARANTS NEAR THE "TEST" & DENVER SCHOOL: 7174 N. Washington, Denver, Co 80229

Qdoba Mexican Grill 10018 Grant St, Thornton, CO 80229 (303) 255-6860 Monday hours 10:30 am-10:00 pm

Chipotle Mexican Grill 815 Thornton Pkwy, Thornton, CO 80229 (303) 452-2722 Monday hours 11:00 am-10:00 pm

Natural Grocers by Vitamin Cottage www.naturalgrocers.com 11465 Washington St, Northglenn Monday hours 9:00 am-8:00 pm

WaterCourse Foods 837 E. 17th Ave, Denver, CO 80218 303-832-7313 Open Mon - Thur 11am - 10pm, Fri - Sun 8am - 10pm

City, O' City 206 E. 13th Ave, Denver, CO 80203 303-831-6443 Open Mon - Fri 7am - 2am, Sat & Sun 8am - 2am

Tokyo Joe's Westminster 1005 west 120th Ave. Westminster, co 80234 phone 303.255.4828 mon-fri 10:45-9:05, sat & sun 11-9:05

Pho 15 655 East 70th Ave @ Washington (1 Block from the school) 303.975.6783 Open until 8pm. Closed Sundays

Panda Garden 9682 Washington St., Thornton, CO 303.450.1239

Beet Box Bakery & Café VEGAN 1030 E 22nd Ave (at San Raphael neighborhood), Denver, Colorado 303.861.0017 7am-6pm Mon-Sun

Vital Root 3915 Tennyson St, Denver, Colorado 303.474.4131 Tue-Thu 8:00am-9:00pm, Fri-Sat 8:00am-10:00pm, Sun 8:00am-9:00pm

Jerusalem 1890 E Evans Ave (at S High St), Denver, Colorado ...303.777.8828 Mon-Thu 9:00am-4:00am, Fri-Sat 9:00am-5:00am, Sun 9:00am-4:00am

Native Foods Café VEGAN ... [680 S Colorado Blvd, Glendale, CO 80246](http://680.S.Colorado.Blvd.Glendale.CO.80246) 303.758.3440 Hours 11:00 AM - 10:00 PM

HOTELS NEAR THE "TEST" & DENVER SCHOOL: 7174 N. Washington, Denver, Co 80229

Crossland Denver - Thornton 8750 Grant St, Thornton, CO 2.0 mi N 5 minutes (303) 430-4474 crosslandstudios.com

Comfort Inn Central 401 E 58th Ave, Denver, CO 1.7 mi S 4 minutes (303) 297-1717 comfortinn.com

Super 8 Denver/I-25 & 58th Ave. 5888 Broadway, Denver, CO 2.14 mi S 4 minutes (303) 296-3100 super8.com

Quality Inn Central 200 W 48th Ave, Denver, CO 3.42 mi S 5 minutes (303) 296-4000 qualityinndenver.com

Motel 6 6 W 83rd Pl, Thornton, CO 2.15 mi N 5 minutes (303) 429-1550 motel6.com

Quality Inn Central 200 W 48th Ave, Denver, CO 3.42 mi S 5 minutes (303) 296-4000 qualityinndenver.com

La Quinta Inn Denver Northglenn 345 W 120th Ave, Westminster, CO 6.59 mi N 10 minutes (303) 252-9800 lq.com

Sleep Inn 12101 Grant St, Thornton, CO 7 mi N 12 minutes (303) 280-9818 sleepinn.com

Hampton Inn Denver - North/Thornton 243 E 120th Ave, Thornton, CO 6.71 mi N 10 minutes (303) 451-7900 hamptoninn.hilton.com

Fairfield Inn & Suites Denver North/Westminster 12080 Melody Dr, Westminster, CO 6.285 mi N 11 minutes (303) 255-3100 marriott.com