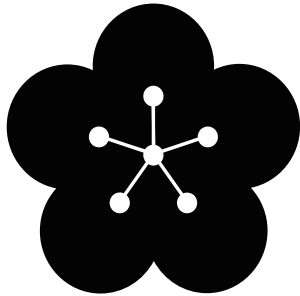


Shao-Lin Kung Fu & T'ai Chi

Plum Blossom Fist Pattern Form

ENTWINE THE PETALS AND DEFEAT THE ENEMY



- Hidden in the delicate yin beauty and breath of the Plum Blossom is the formidable Pattern that generates powerful yang strength and balance.

PLUM BLOSSOM FIST FESTIVAL 2PM - 6PM

SUNDAY, AUGUST 14, 2022
FESTIVAL AND TESTING

FESTIVAL FEE : \$100 BY 8/14/22
\$120 AFTER 8/14/22

BLACK BELT PRETEST - 9AM - 12NOON
BROWN BELT TEST - 12NOON - 2PM



**Sunday
8/14/2022**

**Black Belt
PreTest
9am-12noon**

**Brown Belt
TEST
12noon-2pm**

**Location:
DENVER School**

www.goshaolin.com

www.shao-lin.com

**ALL FEES &
BALANCES OWED
MUST BE PAID UP-TO-
DATE
(to attend Festival or to
Test)**

Mei Hua Chuan Wen Xingtai

**The Famous & Historic
PLUM BLOSSOM FIST PATTERN FORM
SUNDAY August 14th, 2022 2PM @ Denver School**
*Also join us as we CELEBRATE Sr ElderMaster Sharon & David's 50th
Anniversary as Kung Fu students!*



**** ALL TESTING to be HELD @ Denver School ****

Black Belt PreTEST – 9AM TO 12Noon

Brown Belt TEST - 12Noon – 2PM

**BLACK UNIFORM W/ ALL PATCHES,
WHITE JACKET/BLACK PANTS for 1st Blacks**

**BLACK BELT PANEL REQUIRED –
SAME UNIFORM REQUIREMENTS AS ABOVE...
PANEL TO BRING CLIPBOARD, PEN AND CHAIR**

*Not Liable for Personal Injury.
Attire: Complete Uniform with all Patches.*

*This material may not be taught between
students. It may not be reproduced
without permission.*



- Hidden in the delicate yin beauty and breath of
the Plum Blossom is the formidable Pattern that
generates powerful yang strength and balance.

RESTUARANTS NEAR THE “TEST” & DENVER SCHOOL: 7174 N. Washington, Denver, Co 80229

Qdoba Mexican Grill 10018 Grant St, Thornton, CO 80229 (303) 255-6860 Monday hours 10:30 am–10:00 pm

Chipotle Mexican Grill 815 Thornton Pkwy, Thornton, CO 80229 (303) 452-2722 Monday hours 11:00 am–10:00 pm

Natural Grocers by Vitamin Cottage www.naturalgrocers.com 11465 Washington St, Northglenn Monday hours 9:00 am–8:00 pm

WaterCourse Foods 837 E. 17th Ave, Denver, CO 80218 303-832-7313 Open Mon - Thur 11am - 10pm, Fri - Sun 8am - 10pm

City, O' City 206 E. 13th Ave, Denver, CO 80203 303-831-6443 Open Mon - Fri 7am - 2am, Sat & Sun 8am - 2am

Tokyo Joe's Westminster 1005 west 120th Ave. Westminster, co 80234 phone 303.255.4828 mon-fri 10:45-9:05, sat & sun 11-9:05

Pho 15 655 East 70th Ave @ Washington (1 Block from the school) 303.975.6783 Open until 8pm. Closed Sundays

Panda Garden 9682 Washington St., Thornton, CO 303.450.1239

Vital Root 3915 Tennyson St, Denver, Colorado 303.474.4131 Tue-Thu 8:00am-9:00pm, Fri-Sat 8:00am-10:00pm, Sun 8:00am-9:00pm

Jerusalem 1890 E Evans Ave (at S High St), Denver, Colorado ...303.777.8828 Mon-Thu 9:00am-4:00am, Fri-Sat 9:00am-5:00am, Sun 9:00am-4:00am

Native Foods Café VEGAN ... 680 S Colorado Blvd, Glendale, CO 80246 303.758.3440 Hours 11:00 AM - 10:00 PM

HOTELS NEAR THE “TEST” & DENVER SCHOOL: 7174 N. Washington, Denver, Co 80229

Crossland Denver - Thornton 8750 Grant St, Thornton, CO 2.0 mi N 5 minutes (303) 430-4474 · crosslandstudios.com

Comfort Inn Central 401 E 58th Ave, Denver, CO 1.7 mi S 4 minutes (303) 297-1717 comfortinn.com

Super 8 Denver/I-25 & 58th Ave. 5888 Broadway, Denver, CO 2.14 mi S 4 minutes (303) 296-3100 super8.com

Quality Inn Central 200 W 48th Ave, Denver, CO 3.42 mi S 5 minutes (303) 296-4000 · qualityinndenver.com

Motel 6 6 W 83rd Pl, Thornton, CO 2.15 mi N 5 minutes (303) 429-1550 motel6.com

Quality Inn Central 200 W 48th Ave, Denver, CO 3.42 mi S 5 minutes (303) 296-4000 · qualityinndenver.com

La Quinta Inn Denver Northglenn 345 W 120th Ave, Westminster, CO 6.59 mi N 10 minutes (303) 252-9800 · lq.com

Sleep Inn 12101 Grant St, Thornton, CO 7 mi N 12 minutes (303) 280-9818 · sleepinn.com

Hampton Inn Denver - North/Thornton 243 E 120th Ave, Thornton, CO 6.71 mi N 10 minutes (303) 451-7900 · hamptoninn.hilton.com