



中國少林武藝中心

SHAO-LIN KUNG FU & TAI CHI

OPEN to: 3<sup>rd</sup> Degree Brown Belts & Above

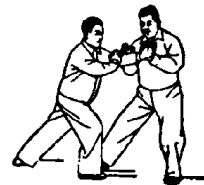
# CHEN T'ai Ch'i SPEAR

Beginning Saturday July 2<sup>nd</sup>, 2022  
9AM - 10AM for 9 Weeks

Location:  
@ CSC DENVER

CLASS FEE - \$120/2 Months  
Early Bird \$100 (Day of Class)/2 Months

Repeat Attendance -\$80 (Prior to Class)



## CHEN CHIA T'AI CH'I CHIANG 14<sup>th</sup> Generation Chen Family T'ai Ch'i Spear

Created/Developed by the 14<sup>th</sup> Generation Chen Tai Chi Grandmaster, combining the Li Hua Chiang (Li Flower Spear) with the Pai Yen Kuen (White Ape Staff) of Shaolin Temple origins, and adding the Chen Family Fa Jing & Flow, to create this CHEN Spear. Therefore, it has both the characteristics of the Spear and the Staff. And is comprised of 10 Sections.

It is another colorful form, with rich history, and a fun exercise from our authentic Shao-Lin curriculum! DON'T MISS IT!

A brief HISTORY OF THE SPEAR:

- ☉ One of the most colorful and well respected weapons throughout Chinese history, martial artists usually underestimate the skill that may be developed with it.
- ☉ Considered the King of the Chinese weapons, even the English admitted the superiority of the Chinese Spear to the English sword during World War II.
- ☉ The Spear develops internal power when practiced correctly; the whole body works in unison while performing the classical "Lan, Na, and Cha" movements.
- ☉ The White Waxwood shaft is incredibly agile and flexible.
- ☉ Blade orientation is also very important. Like your Tiger Claws, the blade must be oriented so that as it is moving, it has the ability to cut, chop, slice, and thrust!

FAMOUS CHINESE SPEAR MASTERS:

- ☉ Lin Chong (from the Outlaws of the Marsh story)
- ☉ Yueh Fei (most beloved General in Chinese history)
- ☉ Yang Family (line of Generals of China)
- ☉ Luo Family (line of Generals of China)
- ☉ Yang Lu Chan (famous Tai Chi master)
- ☉ Tung Hai Ch'uan (famous Pa Kua Chang master)
- ☉ And now we have the CHEN TAI-CHI SPEAR!

Developed by the 14th generation Chen Master, combing Li Flower ☘ Spear with White Ape Staff (from the Shaolin Tradition) to create this advanced and elegant Spear form.

謝大珺



- not liable for personal injury -

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<http://www.shao-lin.com> [www.goshaolin.com](http://www.goshaolin.com)

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NOTE: This material may not be taught between students. This material may not be shown, demonstrated, or reproduced in any manner, by any student.

**This rare Chen T'ai Ch'i Weapon has not been offered/taught for over 8 years!!!**