## 中國少林武藝中心

## SHAO-LIN KUNG FU & TAI CHI

**OPEN to:** WHITE BELTS and Above

## SINGLE NUNCHAKU Form

Er Chie Kuen Training and Conditioning

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Tien Ta Er Chie Kuen



2-Sectional Stick Shakes the Heavens

Exciting Sgl Nunchaku Form with Hand & Foot Strikes, and Ground Techniques



10AM - 12Noon





**OPEN to:** White Belts & Above

Festival REQUIRED for advancement to 1st degree Black Belt... and Above!

Also "Required" on PreTests to 2nd Black & Above!!!

(FYI: You can PreTest "Early" immediately following the Festival)

This Exciting Weapons Class
Is Taught Only Once Each Year...
Don't Miss Out!

CLASS FEE - \$60 (Day of Class)

Repeat attendance (\$30)

EARLYBIRD/WebSite FEE - \$40

(Prior to day of Class)

www.shao-lin.com

Remember to Bring: One (1) pair of Nunchakus

(Available for purchase at your school – Forearm & Knee Pads also available))

Sr Elder Master David

## PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS

not liable for personal injury –
 Attire: Complete Uniform w/all Patches!

Sr Elder Master Sharon

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www.goshaolin.com



