

# PANG vs PANG

## Double-Ended STAFF CLASS

“Part I”

Staff Training and Conditioning

*Exciting 2-Person Shao-Lin Staff Fighting Set*

**Open to: WHITE BELTS and Above**

**Saturday, AUGUST 27<sup>th</sup>, 2022**

**LOCATION: DENVER 10am-12noon**

中國少林武藝中心

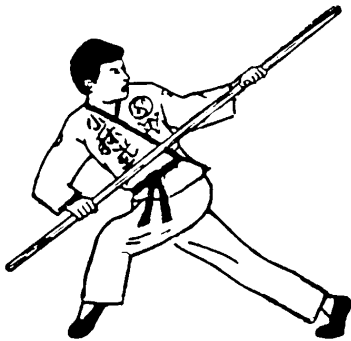
SHAO-LIN KUNG FU & TAI CHI

*(Required for Testing to 1<sup>st</sup> degree Black Belt & Above!)*  
**Opportunity to “PreTest” over “Pang vs Pang” Day of Festival**

**An opportunity to learn all the spins, blocks, thrusts, sweeps and footwork,  
followed by an Exciting 2-person weapon form!**

**\*\*Regularly Scheduled Black/Brown & Wooden Man Classes  
will be held today @ 1PM-2PM following Dragon Meditation. \*\***

*This Exciting Weapons Class  
Is Taught Only Once Each Year...  
Don't Miss Out!*



**CLASS FEE - \$60 (Day of Class)**

Repeat attendance - \$30

**EARLYBIRD/WebSite FEE - \$40**

**(Prior to day of Class)**

[www.shao-lin.com](http://www.shao-lin.com)

**Remember to Bring: 1- Rattan Staff**  
*(New shipment of rattan just arrived this week!)*

**PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS**

- *not liable for personal injury* -  
Attire: Complete Uniform w/all Patches!

Sr Elder Master David

邵大衛



Sr Elder Master Sharon

邵秀倫



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[www.goshaolin.com](http://www.goshaolin.com)

