

3004 South State Street
South Salt Lake, UT 84115
(801) 300-7282

中國少林武藝中心

HEAD INSTRUCTORS
SR. MASTER CHRIS CALLADO
SIFU SARAH WINNEN



CHINESE SHAO-LIN CENTER
SALT LAKE CITY



SR. ELDER MASTER FESTIVAL

SHAO-LIN IRON BROOM

SHAO-LIN T'IEH SAO

少林鐵掃



**Broom is included with the price of the festival!*



OCTOBER 5TH 2024
SATURDAY

9:00AM: PRETESTING & TESTING ALL LEVELS

12:00PM: SHAO-LIN IRON BROOM FESTIVAL

FESTIVAL FEE:

OUT OF TOWN/EARLY BIRD FEE – \$100!

REGULAR CLASS FEE – \$125

ATTIRE: COMPLETE UNIFORM WITH ALL PATCHES!

The Shaolin Iron Broom is a lesser-known but historically significant style within the Shaolin arsenal. This unique form is both practical and symbolic, deeply rooted in the everyday lives of Shaolin monks. Unlike conventional weapons, the broom was a common household item, particularly in monastic settings where cleanliness held spiritual significance. In Buddhism, sweeping and other cleaning practices are seen as ways to cultivate the mind, achieve enlightenment, and connect with the world. In Ch'an Buddhism, these tasks are known as work practice, which provides an opportunity for meditation and mindfulness.

At the Shaolin Temple, monks used the broom for both sweeping and self-defense, training with tools readily at hand. This allowed them to be prepared to defend themselves or their monastery without needing specialized weapons. The 43-posture form of the Shaolin Iron Broom includes pressure point strikes, enhancing its effectiveness as a martial weapon. This style symbolizes the integration of martial arts into daily life, reflecting the Ch'an Buddhist principle of mindfulness in every action. Practicing with a broom emphasized humility and the importance of everyday tasks, demonstrating that anything can be a weapon when used correctly, embodying the Shaolin principle of adaptability.

**This form may not be taught between students. This material may not be demonstrated, shown, nor reproduced in any manner, by any student!
Not liable for personal injury.*



STUDENT TESTING/PRETESTING

White / Yellow / Blue / Green / Brown / Black / Tai Chi / Wooden Man

Saturday, October 5th, 2024 (9AM-12AM)

Testing held @ CSC- South Salt Lake

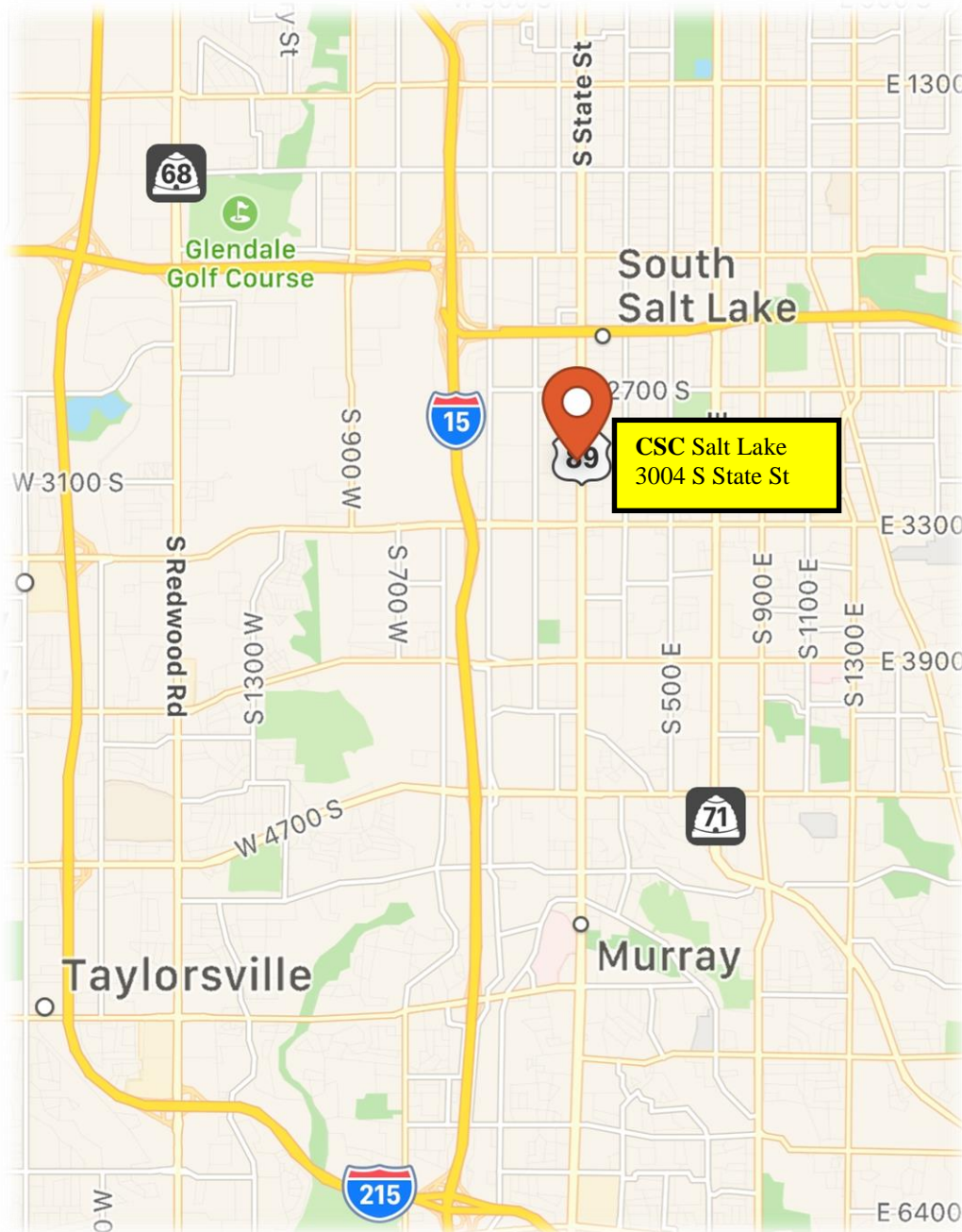
(BRING ALL WEAPONS & SPARRING EQUIPMENT!)

***** Complete uniform including all patches! *****

Black Belt Panel Required! Bring clipboard and pen.

1st Black Belts – White top/black pants w/all patches

2nd Black and Above – Black top/black pants w/all patches



ITINERARY

**PreTesting, Test & Form
SATURDAY**

9AM: Black Belt PreTesting, Brown/
Lower Belt/ Wooden Man Testing

12 Noon: Shao-Lin Iron Broom

HOTELS

COMFORT INN
(State Street & I-80)
(801) 405-1013

FAIRFIELD INN & SUITES
(4500 South/ I-15)
(801) 265-9600

HAMPTON INN
(4500 South/I-15)
(801) 293-1300

RESTAURANTS

(Vegan Friendly)

Vertical Dinner 234 W 900 South,
SLC (801) 484-8378

Tea Rose Diner 65 E 5th Ave,
Murray (801) 685-6111

Mark of the Beastro 666 S State
St, SLC (385) 202-7386

City Cakes & Café/Bakery 1860 S
300 West #D SLC (801) 359-2239

All Chay (Vietnamese) 1264 W
500 North SLC (801) 521-4789

Passion Flour 165 E 900 South,
SLC (385) 242-7040

Chabaar Beyond Thai 87 W 7200
S., Midvale (801) 566-5100

The Pie Pizzeria 3321 S 200 E,
SLC (801) 466-5100

Sweet Hazel Bistro 282 W
7200 S, Midvale (801) 889-1466

Vegan Daddy Meats 569 N 300
W, SLC (385) 315-2177