

中國少林武藝中心
SHAO-LIN KUNG FU & TAI CHI

Open To: 3rd degree Brown Belts and Above

HSING-I SIX HARMONIES STAFF

Taoist Internal Weapon Form & Training



Saturdays, Beginning
May 5th, 2018

(9AM-10AM)
(For 4 weeks!)

www.goshaolin.com

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EARLYBIRD/WEBSITE FEE/Out-of-Town - \$50
(Before Day of Class)

REGULAR CLASS FEE - \$70
(Day of Class)

About the HSING-I Fighting System:

Based on the Chinese 5 Elements, Hsing-I is known for its lightning fast strikes and its explosive power!

However, its simplistic and linear movements give way to Hsing-I's complex and difficult concepts!

Achieving the "Six Harmonies" is the ultimate goal of the Hsing-I fighting system and this form explores the weapons aspect of this incredible internal fighting art!

Hsing-I Staff

should be tapered *at BOTH ends*
and measured to chin height.

Order from your instructor ASAP!



NOTE: This material may not be taught between students. This material may not be shown, demonstrated, nor reproduced in any manner, by any student!

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Attire: Complete uniform w/all patches!

– not liable for personal injury –

PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS

7174 N. Washington St, Denver, CO 80229 303.455.4088

<http://www.Shao-Lin.com>



8TH DEGREE
BLACK BELT
ELDER MASTERS
SHARON
and
DAVID