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West Valley, UT 84119  
(801) 300-7282

中國少林武藝中心

HEAD INSTRUCTOR  
ASSOCIATE MASTER  
CHRISTOPHER  
CALLADO

CHINESE SHAO-LIN CENTER

WEST VALLEY/SALT LAKE CITY



# ELDER MASTER FESTIVAL



1<sup>ST</sup> ROAD OF LOST TRACK FIST – 42 POSTURE FORM

## SHAO-LIN MI ZHONG CH'UAN

“Confusing Path” (Mi Zhong Ch’uan) a.k.a. “Heart & Mind Fist” (Chin Yi Ch’uan)

迷  
蹤  
拳



*Developed at the Honan Shaolin Temple during the early Ming Dynasty (~600 years ago)!*

*This style is so named because of its peculiar, unpredictable direction changes, causing your opponent to lose track of you. When you think the form should turn right, instead it turns left. When you think it should move forward, it moves back!*

**SATURDAY, July 29<sup>th</sup> 2017**

**8:00AM:** Black Belt Pretesting & Brown /Lower Belt Testing @ CSC-West Valley

**11:00AM:** 2019 China Trip Meeting!!

**11:30AM:** Lost Track Fist – Mi Zhong Ch’uan @ CSC-West Valley

\*This form may not be taught between students. This material may not be demonstrated, shown, nor reproduced in any manner, by any student!

*\*Not liable for personal injury*

*Attire: Complete uniform with all patches!*

### Festival Fee

**OUT OF TOWN – \$100!**

(if paid by the day of the class)

**EARLYBIRD FEE – \$100**

(if paid two weeks before class date)

**DISCOUNT FEE – \$110**

(if paid before the class date)

**CLASS FEE – \$125**

Open to White Belts & Above

*Note: Only current students may register online.*

Registration @  
[www.shao-lin.com](http://www.shao-lin.com)

@  
Student Forum:  
Festival Sign-Up



# STUDENT TESTING/PRETESTS

White / Yellow / Blue / Green / Brown

**Saturday, July 29<sup>th</sup>, 2017 (8AM-11AM)**

**Testing held @ CSC- West Valley**

**(BRING ALL WEAPONS & SPARRING EQUIPMENT!)**

**\*\*\* Complete uniform including all patches! \*\*\***

**Black Belt Panel Required! Bring clipboard and pen.**

**1<sup>st</sup> Black Belts** – White top/black pants w/all patches

**2<sup>nd</sup> Black and Above** – Black top/black pants w/all patches

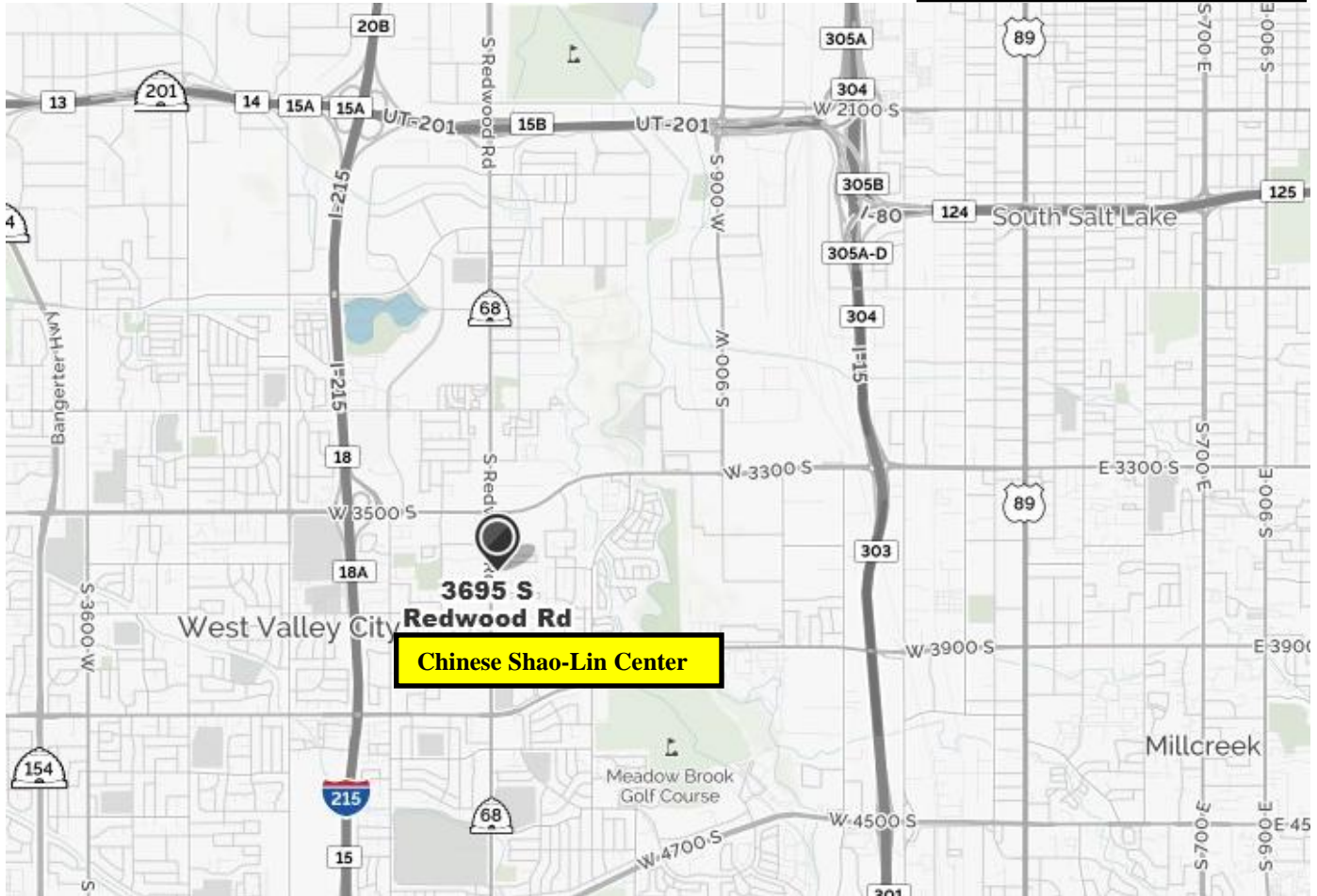
## HOTEL INFO

**1201 (EXIT 18)**

**COUNTRY INN**  
(3500 South/ I-215)  
(801) 908-0311

**LA QUINTA INN**  
(3500 South/ I-215)  
(801) 954-9292

**SLEEP INN**  
(3500 South/I-215)  
(801) 975-1888



## RESTAURANTS IN SALT LAKE CITY - Vegan Friendly

**Vertical Pizza** 2280 S West Temple, SLC (801) 485-1939

**Tea Rose Diner** 65 E 5<sup>th</sup> Ave, Murray (801) 685-6111

**Este Pizza** 156 E 200 South, SLC (801) 363-2366

**City Cakes & Café/Bakery** 1000 S Main St, SLC (801) 359-2231

**All Chav (Vietnamese)** 1264 W 500 North SLC (801) 521-4789

**Vertical Dinner** 234 W 900 South, SLC (801) 484-8378

**Sage's Café** 368 E 100 South, SLC (801) 322-3790

**Passion Flour** 165 E 900 South, SLC (385) 242-7040

**Frisch Comp. Eatery** 145 E 1300 S #201, SLC (801) 906 8277

**Chabaar Beyond Thai** 87 W 7200 S., Midvale (801) 566-5100

**Golden Phoenix** 184 S State St. SLC (801) 539-1122

**Mi Ranchito Grill** 3600 S State St, SLC (801) 263-7707

**Big O Donuts** 171 E Broadway, SLC (385) 770 7024

**The Pie** 10627 Redwood Rd, S. Jordan (801) 495-4095